

# Project title: **TELL ME A STORY**

## Course: **Old age and new technologies**

Programme: **Lifelong Learning Programme**

Sub-programme: **Grundtvig**

Action type: **Partnerships 2012**

Action: **Grundtvig Learning Partnerships**

# \*Course:

## Old age and new technologies

**Ilona Zakowicz**  
**U3A in UWr**



**Uniwersytet  
Trzeciego Wieku**



# \*Course participants

U3A





# \*Our actions:

- photography,
- transforming images – „Mirror”,
- discussions,
- writing essays,
- commenting on articles,
- posting information and images on Facebook.

# **Photos in classroom**















**Made by seniors**































\*Mirror, mirror ...













**\*Discussion  
about youth and old age.**



# Writing essays

**\*Essays, articles,  
comments, short  
answer**

**\*Topics:**

- \* Old or young, it's all in the mind.**
- \* Old age is...**
- \* Old age? No I'm not an old woman!**
- \* Poland - No Country for Old Men?**
- \* Elegant Old Age - it is possible!**
- \* I'm a senior, but I feel young!**
- \* Beautiful Old Age?**



# Articles on the internet

## Seniors comments...

- \*"67-year-old. Mom or Grandma? ".
- \*"The oldest mother showed her daughter."
- \*"66-year-old was ... mother of triplets. "





 Me and old age.  
My personal portraits of old age



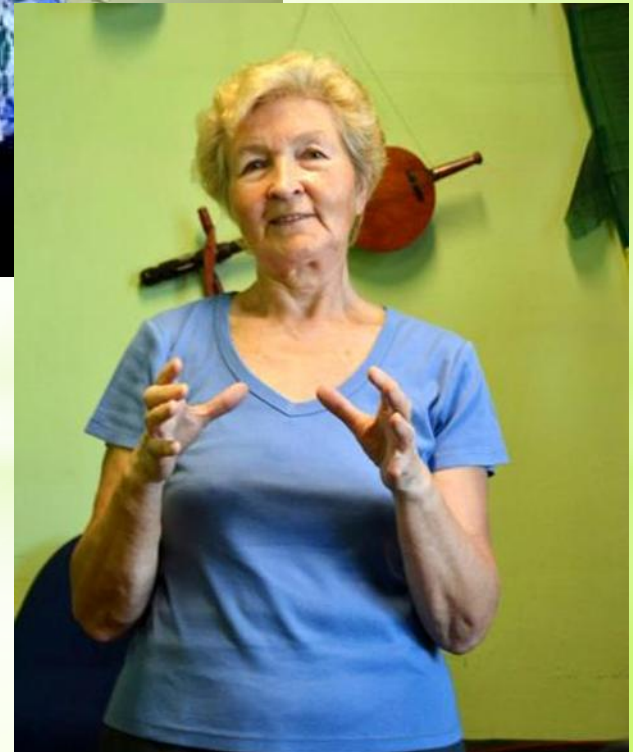








# \* Exercise - „picture in picture”







 **Trips**



Nasza paczka: Ela, Marysia, Ania  
Barbara, Irena.









 **To be continued...**  
**thank you**